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QUIZZ

Our Credit Union Clients



Building Stronger Relationships



Through Greater Self Awareness

Betty M. Parker, CPTD, Presenter

Learning Objectives

By the end of this session, you will be able to:



Identify 3 ways to increase self-awareness



Use 3 models for critical self-examination



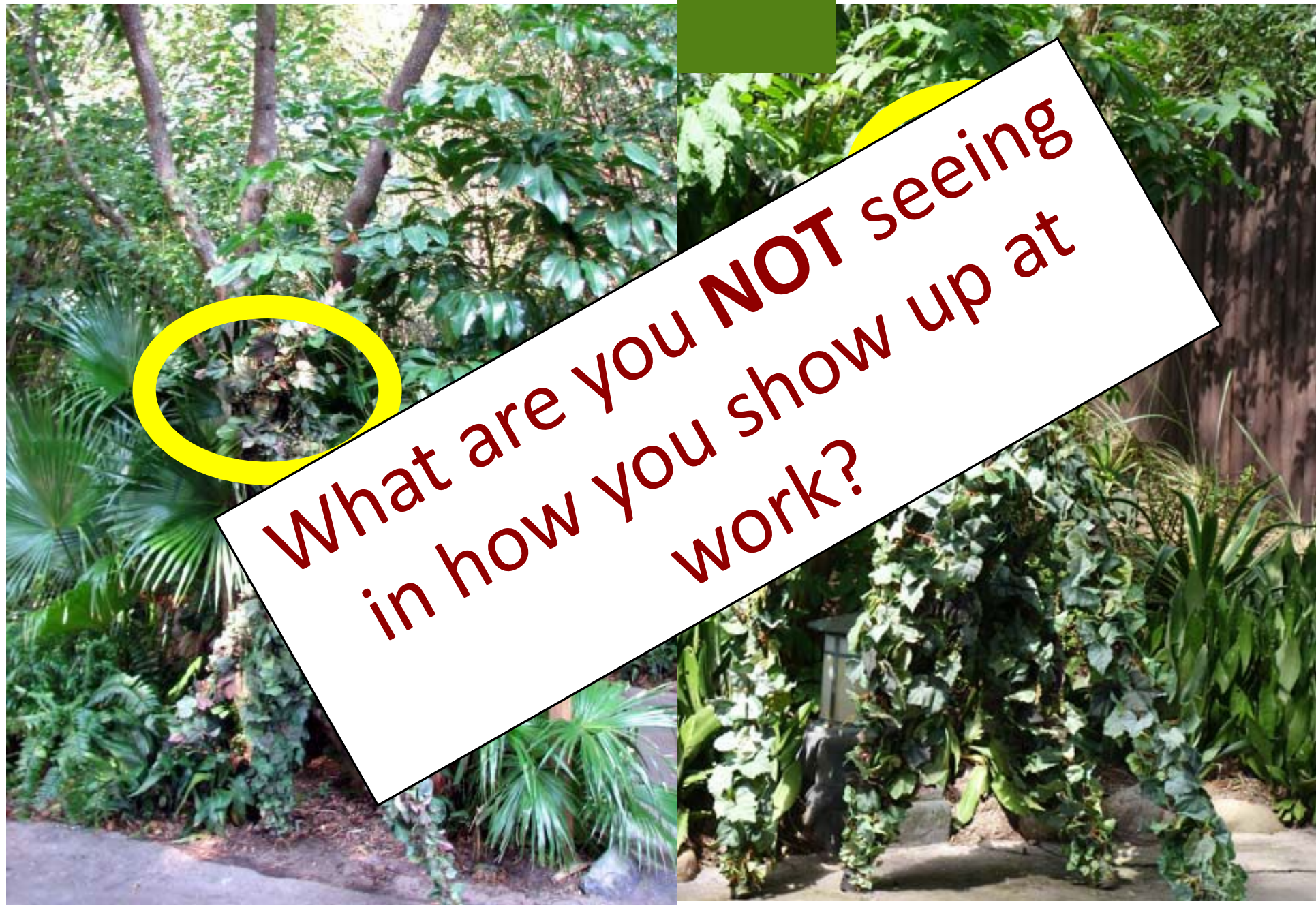
Distinguish between styles and how they impact teams



QUIZIZZ



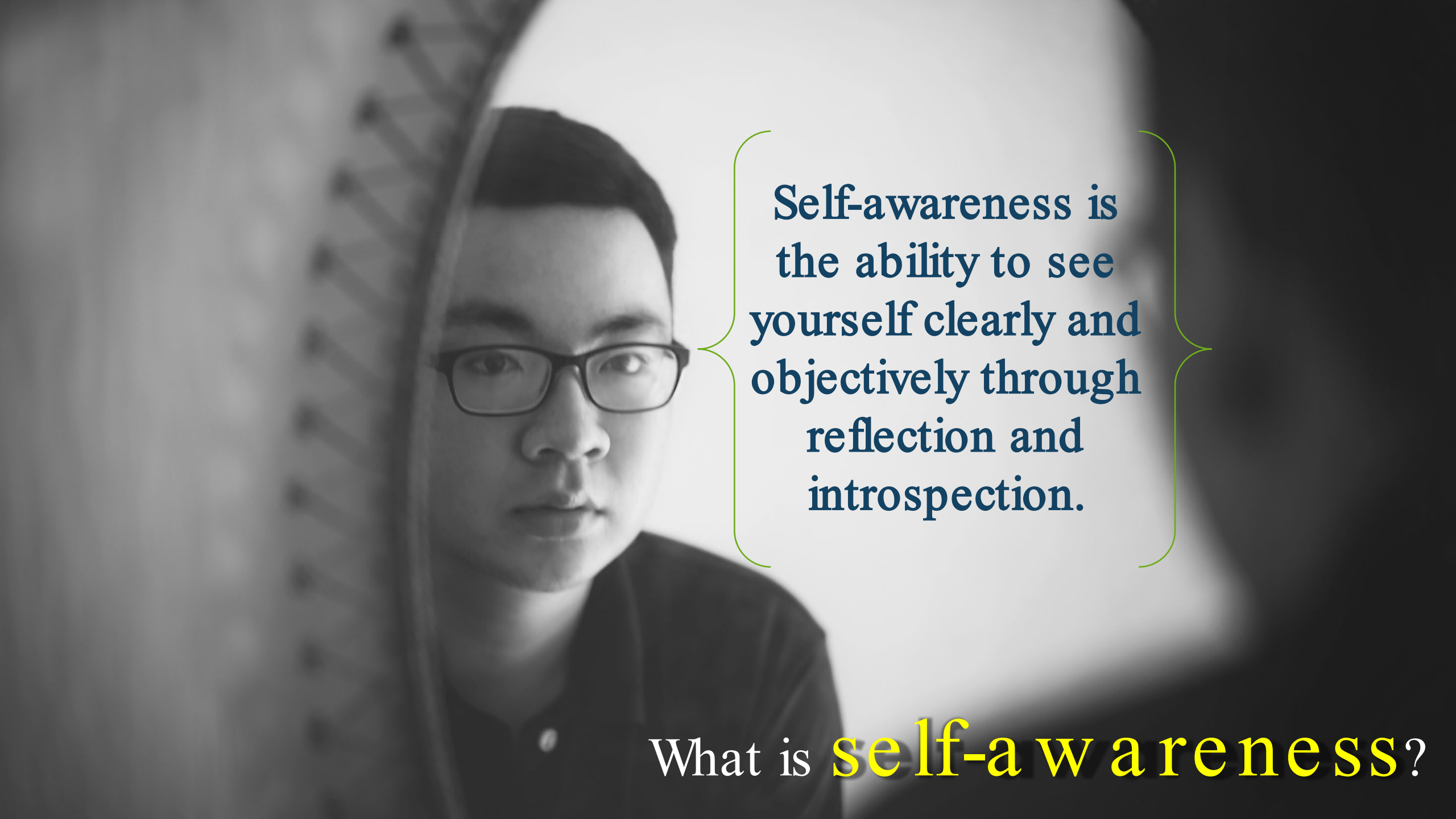
What do
you see?



What are you **NOT** seeing
in how you show up at
work?



3 Ways to Increase Self-Awareness



Self-awareness is
the ability to see
yourself clearly and
objectively through
reflection and
introspection.

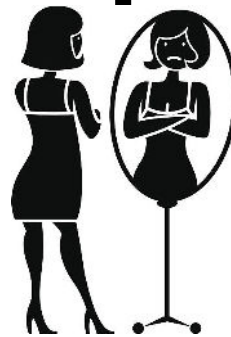
What is **self-awareness**?

1. Self-Examination + Accountability

= **Introspection**



VICTIM

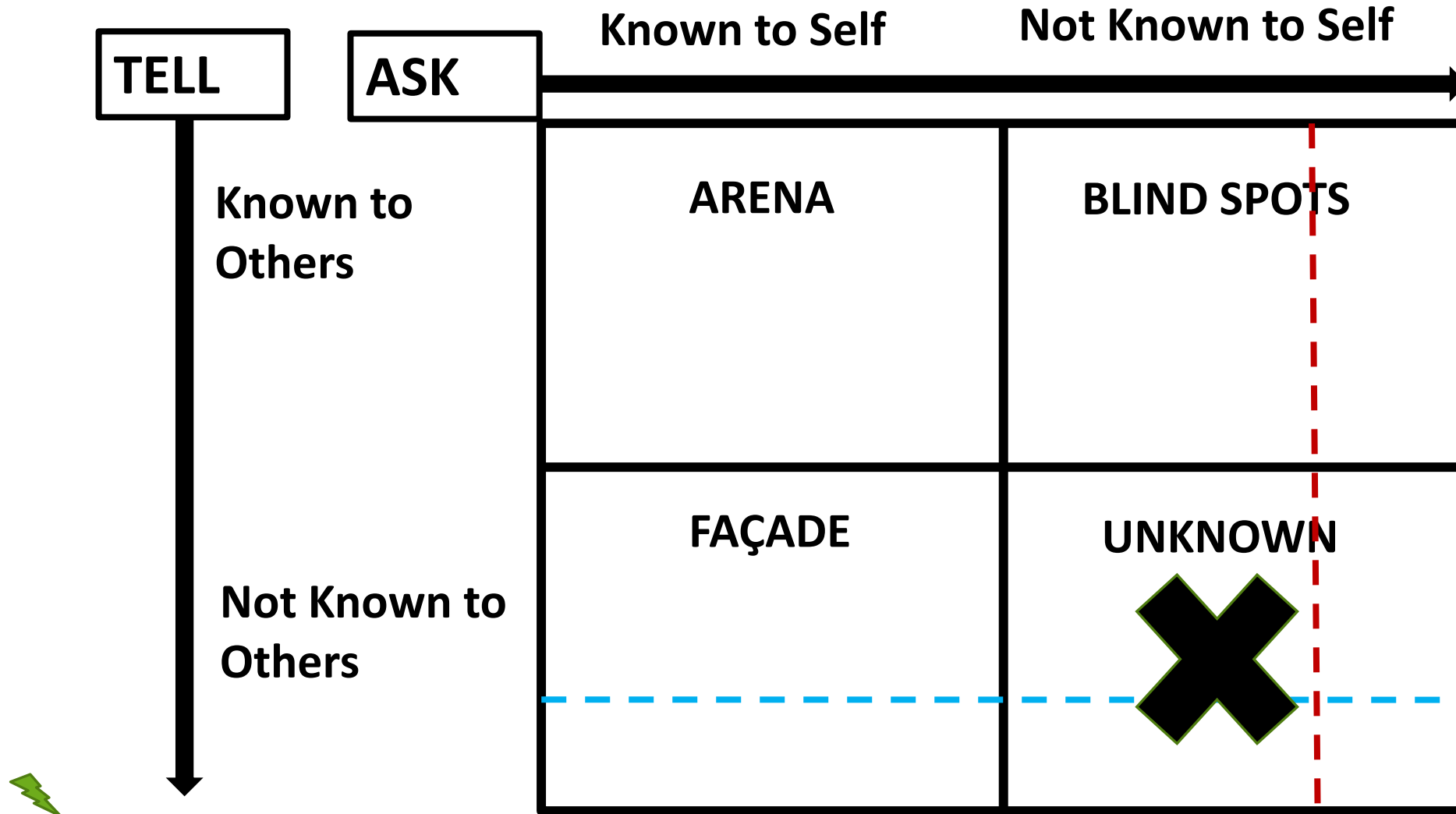


SELF-AWARE

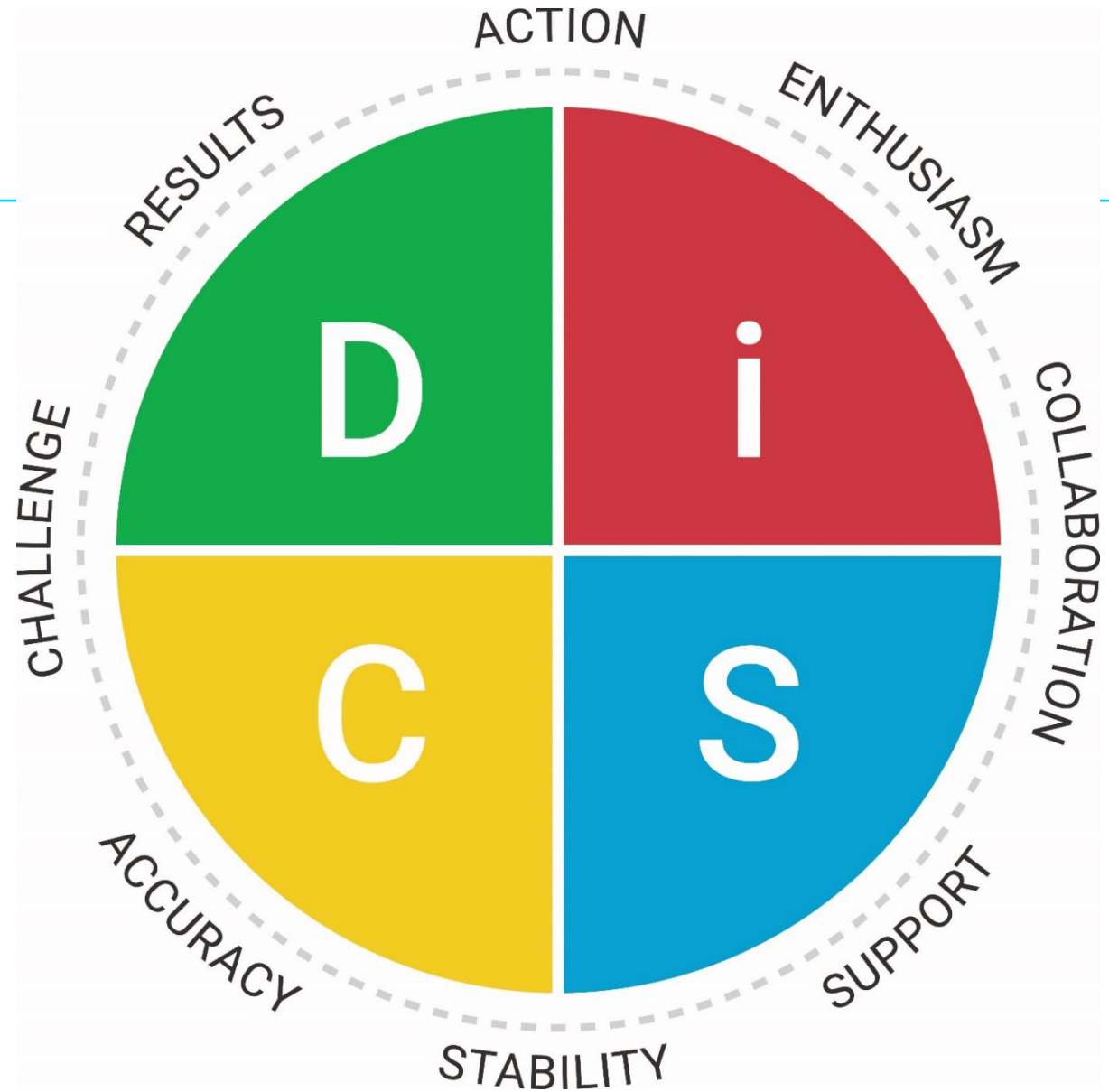


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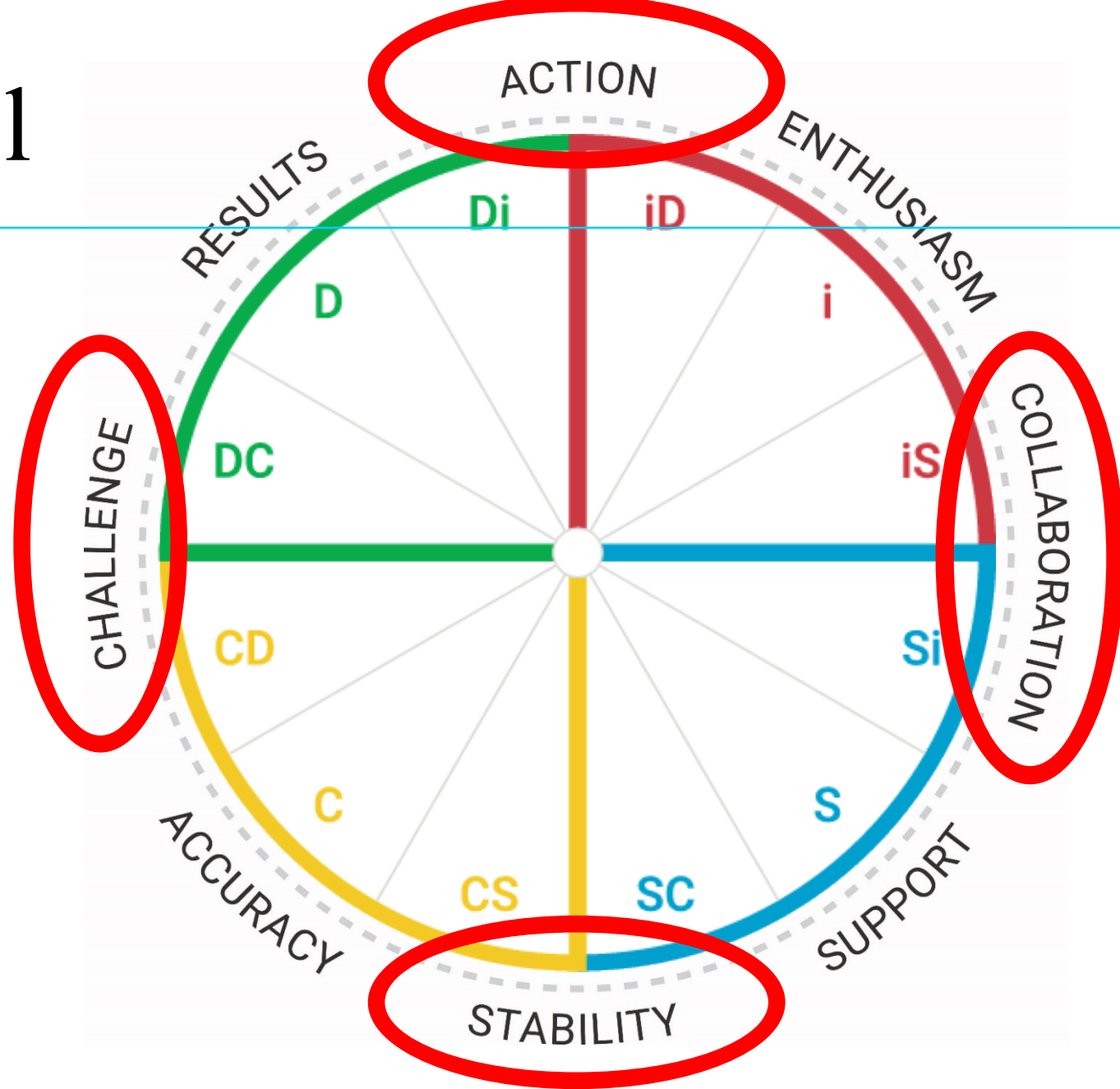
2. Johari Window Model



3. DiSC Model



3. DiSC Model



Drives toward results





S

Provides
support



C

Drives toward
accuracy

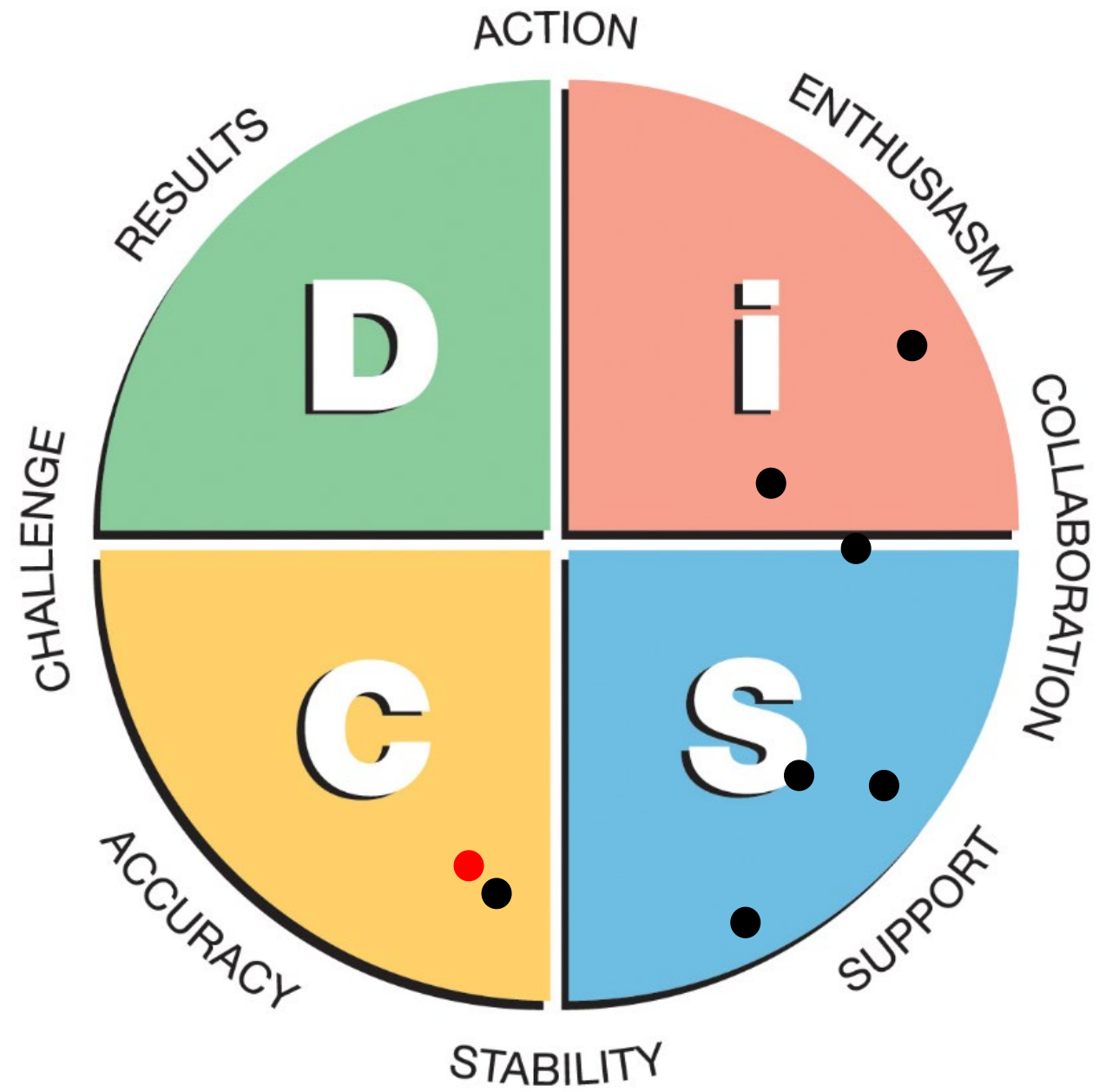


**Value We
Bring to the
Organization**

**What People
Misunderstand
About Us**

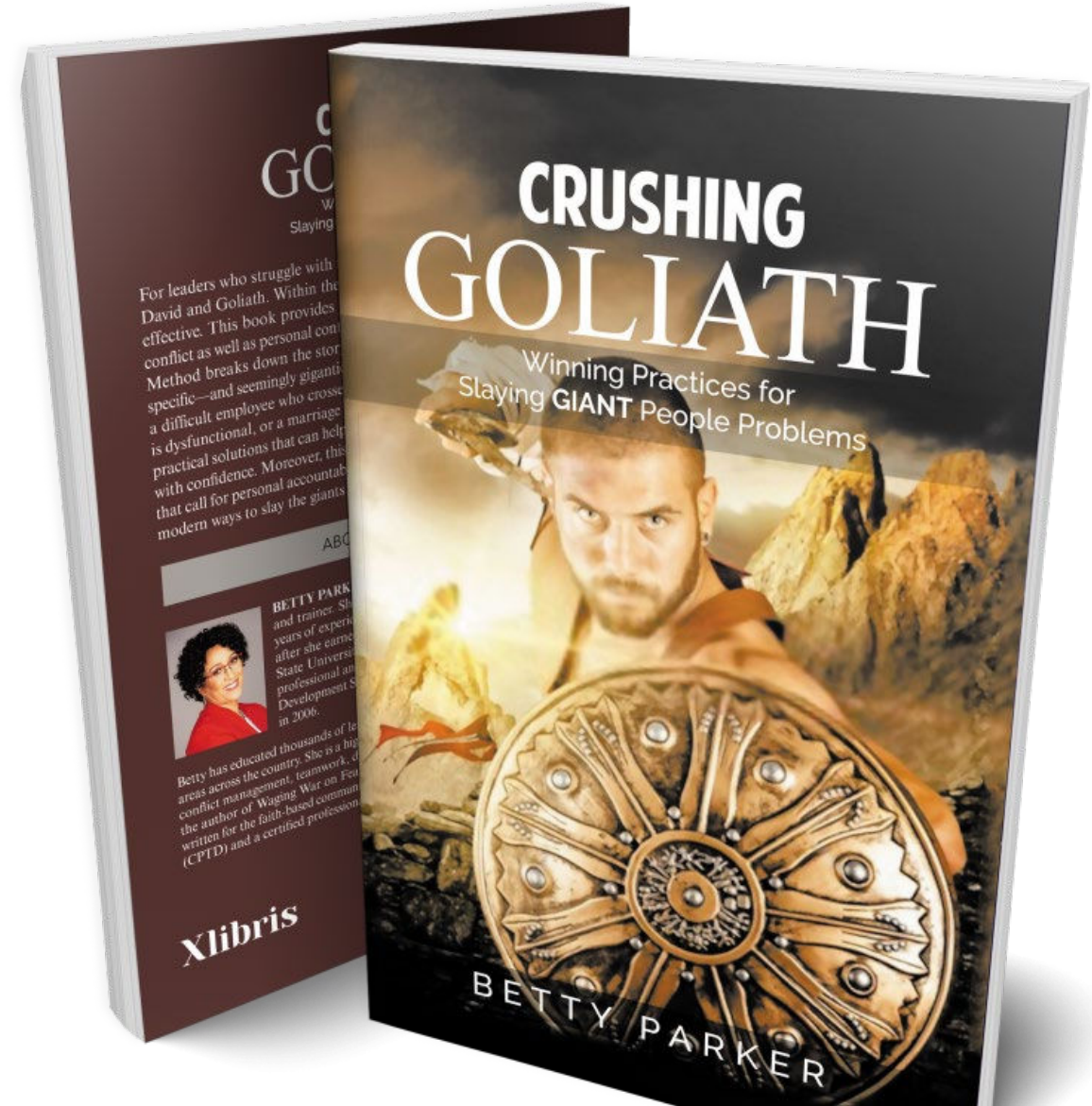
**Environment in
Which We Work
Best**

**What Impedes
Our Goals**



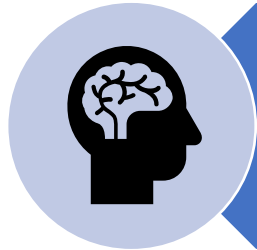
Book quote:

“Help your manager help you. If you feel certain about your ability to lead on your team, do not shy away from the opportunities...Take advantage of this chance to grow.”

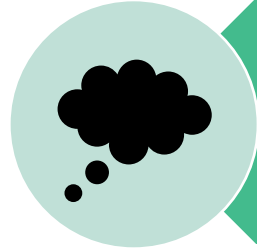


Summary

You should now be able to:



Identify 3 ways to increase self-awareness



Use 3 models for critical self-examination



Distinguish between styles and how they impact teams

